

00:08:46
By Aniyah Veal

They say "time flies"
Maybe that's because nobody's paying attention, nobody's counting
Nobody's grasping every second like it's their last

You don't really understand how long 8 minutes and 46 seconds is
I know I didn't
Not until I stood up to honor George Floyd
Not until I willed my shaking, crying body to stand for 8 minutes and 46 seconds
Not until I heard the combination of cries coming from my mother and I
 as we grieved together for George, for ourselves, for all black people
I felt every second as my body became weaker and my heart broke even more
 while I thought about how much slower it had to have been for George

8 minutes and 46 seconds
526 seconds
Never forget